



A TWO-DAY NATIONAL LEVEL MULTIDISCIPLINARY WEBINAR



ON

Role of Guidance and Career Counselling in the Perspective of Present Pandemic Situation of Covid-19

Organized by

Mankar College

Mankar, Purba Bardhaman, West Bengal, Pin-713144

(Affiliated to The University of Burdwan and Accredited with B+ by NAAC)

In Collaboration with IQAC, Mankar College

Under the aegis of Professor (Dr.) Sukanta Bhattacharyya

Hon'ble Principal, Mankar College

DAY 1

Mental Welfare & Stress Management

Invited Speakers



Dr. Bishnupada Nanda
Professor
Department of Education
Faculty Council of Arts
Jadavpur University
West Bengal



Dr. Sandeep Kumar
Associate Professor
Department of Psychology
Banaras Hindu University
Uttar Pradesh

Dates

5th & 6th August, 2020

Time

11.00 A.M. – 01.30 P.M.

Platform

YouTube Live

Free Registration Link

<https://forms.gle/HFNpNnrB36Fwwrf49>

Webinar Joining YouTube Link

Day 1 → <https://youtu.be/HfTXzpxamfM>

Day 2 → <https://youtu.be/9Q1UiL6k59E>

DAY 2

Guidance to Career & Placement Opportunities

Invited Speakers



Dr. Satish Chand
Professor
School of Computer and
Systems Sciences &
Director of Placement Cell
Jawaharlal Nehru University
New Delhi



Dr. Chitrlekha Maiti
Assistant Professor
Department of Education
Visva-Bharati
West Bengal

Organizing Committee

Chairman

Professor (Dr.) Sukanta Bhattacharyya
Principal, Mankar College

Convenor

Mr. Kallol Sen
Associate Professor & Head
Department of English &
Coordinator, IQAC, Mankar College

Joint Convenors

Mr. Shukdeb Mondal
Assistant Professor in Philosophy, Mankar
College

Dr. Suman Rakshit
Assistant Professor in Mathematics, Mankar
College

Mr. Sandipan Ganguly
Assistant Professor in Geography, Mankar
College

Dr. Amit Mandal
Assistant Professor in Economics, Mankar
College

With cordial support of all the Teaching and Non-Teaching Staff of Mankar College

Technical Assistance
Mr. Shrikanta Basak (Creative Mart Technology)

About the Webinar

The Novel Corona virus (Covid-19) has emerged all on a sudden as a global pandemic. The imbroglio associated with this onslaught has produced significant psychological impact on the masses. It has revealed and exacerbated severe brunt on, inter alia, the educational sector, especially the young minds. The prolonged closure of educational institutions and maintenance of social isolation as a safety measure to prevent the spread of the virus have affected the mental stability of the students' community. The anxiety of the students over their non-access to regular classes and the diversified views about the conduct of examinations has created a mental health crisis among them. This crisis is a threat to the sustainability of our education system and accordingly the college and university students are also worried about their future career prospects. In this challenging context, the role of guidance and counselling becomes pivotal. Guidance and counselling have always been a natural part of the human learning and experience. These provide tools and insights to manage mental health issues such as anxiety, depression and different mental disorders.

Prioritizing the mental health and wellness of the students' community, this webinar is an attempt to help the students navigate this crisis effectively, exploring the different aspects of guidance and career counselling. The webinar is a common online platform for sharing views of different noted academicians of the country, specialized in this field. Students will also be able to look for the various career opportunities awaiting them in the future. The social role of the educators also can't be ignored as they have to endure the entire burden of the education system. Thus this webinar aims to equip learners and educators with mental wellness, stress management strategies for coping with adversity and exploring career opportunities for future prosperity.

Programme Schedule

Day-1 (5th August)

11.00 A.M. - 11.10 A.M.	Inaugural Session for Day 1
11.10 A.M. - 11.25 A.M.	Welcome Address by Professor (Dr.) Sukanta Bhattacharyya, Principal, Mankar College
11.25 A.M. - 12.25 P.M.	Presentation by invited speaker 1 Professor (Dr.) Bishnupada Nanda Topic- " <i>Role of Teachers in Guidance and Counselling of UG and PG Students during Covid-19 Pandemic Situation</i> "
12.25 P.M. - 01.25 P.M.	Presentation by invited speaker 2 Dr. Sandeep Kumar Topic- " <i>Managing Stress, Health and Wellbeing during Covid-19 Pandemic</i> "
01.25 P.M. - 01.30 P.M.	Ending Session for Day 1



Day-2 (6th August)

11.00 A.M. - 11.10 A.M.	Beginning Session for Day 2
11.10 A.M. - 11.20 A.M.	Address by Professor (Dr.) Sukanta Bhattacharyya, Principal, Mankar College
11.20 A.M. - 12.20 P.M.	Presentation by invited speaker 3 Professor (Dr.) Satish Chand Topic- " <i>Placement Cell and Career Opportunities</i> "
12.20 P.M. - 01.20 P.M.	Presentation by invited speaker 4 Dr. Chitralekha Maiti Topic- " <i>Career Aspirations and Career Guidance</i> "
01.20 P.M. - 01.30 P.M.	Vote of thanks by Mr. Kallol Sen Convenor of the Webinar Associate Professor & Head, Department of English & Coordinator, IQAC, Mankar College

Note for the Participants:

1. All the interested Teachers of different schools, Faculties of general degree colleges, universities and teacher's training institutes, Research scholars, Both UG and PG Students and other Academic Professionals related to any stream are cordially invited to attend the webinar.
2. A common registration is required to attend both the days of the webinar. Registration link is provided on the first page of the brochure. Participants are requested to click on the link for registration.
3. Registration is free but registration will be done on first come first serve basis, as seats are limited. The last date of registration is 3rd August, 2020.
4. The web platform of the webinar is YouTube Live. Participants can join the webinar on both the days through the YouTube Links which are provided on the first page of the brochure below the registration link.
5. E-certificates will be provided to the successfully registered participants within 7 days of the completion of the webinar.
6. For any assistance please feel free to contact: 9474748347, 8918625457, 9732171721, 8388968167.